

Session 2

Diving Deeper



1. Being compassionate to our neighbor involves thinking about "us" and "we".

[Listen to this podcast of OnBeing.](#)

Can anyone use the word "we"?

What does it mean to be a part of "we"?

2. [Watch the music video "What If" by IndaArie](#) (NOTE: contains adult language)

If there are people in the song you are not familiar with, take some time to learn their story.

What would our world be like if the people she names hadn't taken their actions?

How did their compassionate bravery make change happen?

Reflect on the words "we" and "us" used in this song.